



ACEC-MB TWICE Presents:
A Networking Event



**Power
of
PAINTING**
Self Care Paint Workshops, by Kisa

Join the ACEC-MB TWICE Committee for an exciting event geared towards networking, fun and self-care! The evening will be centered around a paint night hosted by Kisa Maclsaac, owner of the Power of Painting. Kisa Maclsaac, is a Winnipeg mother of 3, self-taught artist, and lover of nature! She specializes in paint workshops and self-care through art.

The evening will begin with networking accompanied by wine and light snacks, which are included in your ticket price. You will then be led step by step through the painting choice of the night, "Through the Birch Trees", with plenty of suggestions to make your painting unique and personalized. This event is for all levels of experience with painting - even if you have never painted before, you will do wonderfully, have fun, and create a unique piece of art! Creative acts, such as painting, can be an excellent self-care tool - a remedy for stress and anxiety, and can help with problem solving, relaxation, and fun!

Date: Sept 28th, 2017

Networking, Wine & Snacks: 6:30pm

Painting: 7:00pm to 9:00pm

Cost: \$40 per person

Where: Stantec Consulting

500-311 Portage Avenue

**To register please email Kerri Hiebert at
ed@acec-mb.ca.**

This event is open to all and guests are welcome! Register now to save your spot!
Registration closes on Sept. 25th.
Space limited to 30 people.

Further details regarding The Power of Painting can be found at the following link:
<https://www.facebook.com/powerofpainting>



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